

Welcome to Hurst Green and Holland Sure Start Children's Centre. The centre covers a large area including Godstone, Oxted, Tandridge and Limpsfield.

The Children's Centre staff make termly visits to Godstone Village School to see the Nursery children.

For our Godstone Families, we have a friendly **Drop-In and Play** session at the **White Hart Barn Godstone** from 9.00am— 11.30am on every 2nd Thursday of the month. Future dates in **2018** are 13th September, 11th October, 8th November and 13th December.

**HENRY:** HENRY stands for **H**ealth **E**xercise and **N**utrition for the **R**eally **Y**oung and is free to all parents who wish to do the course. The course helps families to establish lifelong positive healthy living habits and are informal and fun. If you would like to sign up to a course please contact us on 01883 723496 or text 07920145677 for further details

**Sing and Sign Courses :** We are currently running a course on Monday mornings from 1st October to 10th December 2018 with a break during half term week (22nd October). Ten sessions cost £60.00 and will need to be paid at the first session. Funding is available in certain circumstances so please contact us in confidence for further details. Places will be offered on a first come first served basis. If you are interested in joining us for future sessions please contact us on 01883 723496 or visit the Sing and Sign website.

Breastfeeding Support-Katherine Saunders or one of the breastfeeding support team are here on Wednesday mornings 9.30am-10.30am on non clinic days/ 9.30am-11.30am on clinic days. Katherine can be contacted at other times on 01883 723762 .

Your opinion matters to us. Please leave any comments in the comments book in the reception area. Also, please consider joining the Parents Forum where you can help shape services within the centre.

You can email the centre on ccadmin@hurst-green.surrey.sch.uk or childcentre@hurst-green.surrey.sch.uk. or follow us on Facebook.

Helen, Kelly Jenny and Vanessa

The centre is committed to Safeguarding children.

All the centres policies are on display in the reception area for you to read. When you sign in at an activity you agree to abide by these policies. We look forward to meeting you,

Helen, Kelly, Jenny and Vanessa (Children's Centre Team)

**We are open 50 weeks of the year but close for bank holidays. In the event of adverse weather conditions activities may be cancelled at short notice. Please watch the website for updates.**



## Opening Times

### Autumn 2018

Monday 9am-12.30pm

Tuesday 9am-12.30pm

Wednesday 9am-12.30pm and 2pm-3pm

Thursday 9am-12.30pm

Friday Closed



Helen Acraman  
Centre Manager



Kelly Andrews  
Outreach Worker



Vanessa Lucy

Advice and Information



Hayleigh Russell

## Monday

### Midwife's Discharge

#### Clinic

9am –12noon by appointment only.



**Booking is essential**

#### **Classes:**

**14 – 24 mos ( 9.30 –10.15 am)**

**07– 14 mos (10.30–11.15am)**

**0– 7 mos (11.30–12.15pm)**



Baby Stay and Play will continue on Monday mornings during school holidays

## Tuesday

### Stay and Play

#### Term time only

9:30am-11:00am

For children 0–4 yrs



£1 per child towards the cost of refreshments and craft activities. Priority admission will be given to families living in our designated postcode area. **Please call the centre if you are unsure.**

Come and enjoy some quality 1:1 time with your 0-4 year old at stay and play. Experience their joy and wonder as you join in with them while they are exploring and learning new things while enjoying the activities at Stay and Play.

## Wednesday

### Child Health Drop-In

9:30am-11.30am (Last entry 11.15am) Sessions are fortnightly.

Clinic dates: Sept 5th and 19th, Oct 3, 17, 31. Nov 14, 28. Dec 12.

### Breastfeeding Support

As above during child health clinics and also the alternate weeks 9.30am-10.30am at the centre

During all opening times we sell Healthy Start Children's Vitamin drops £2. Adult vitamins £1.



Pram Walks Start on the 5th September every Wednesday at 11.00am to 12.00pm during term time. The start point is at the Children's Centre and finish at St. Aggie's coffee shop.

## Thursday

### Godstone Families



### White Hart Barn

Child Health Drop-In and Play session on the 2nd Thursday of the month 9.15-11.30am. Please see dates on the back of the programme

### Postnatal Groups

12.45pm--2.45pm

For parents with babies aged 3-6 months

A 2 week course including Introducing Family Foods, (run by the Health team) and Paediatric First Aid (run by Oxted District Community Responders)

Booking required

01883 723496

## Friday



Please visit the website for up to date information [www.hurstgreenchildrenscentre.co.uk](http://www.hurstgreenchildrenscentre.co.uk)

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### The Outreach Worker

can do home visits. Please let a member of staff know if you require a home visit.



**We run regular Parenting Puzzle courses.** Please ask staff if you are interested or call 01883 723496 for more information.

## **HENRY**

### Health Exercise Nutrition for the Really Young

Please see the back of our programme for further details.